



# MAY 2024

## MIDDLE SCHOOL LUNCH MENU

April 29-May3

Powering potential™

	MON	TUES	WED	THURS	FRI
ENTREE	Pasta w/ Marinara or Bolognese Sauteed Broccoli	Chicken Fajita Quesadilla Black Bean Salad	Chicken & Vegetable Dumplings & Fried Rice Glazed Carrots	Beef Gyro Tomato, Cucumber & Tzatziki Roasted Zucchini	Pancakes Turkey Sausage Hash Brown
GRILL	Spicy Chicken Patty	Pizza Dunkers	Grilled Turkey Bacon & Cheese	Atomic Burger	California Chicken Sandwich
PIZZA	White w/ Broccoli	Pepperoni	BBQ Chicken	Taco	Meatlovers
DELI	Italian Combo Sub	Roasted Veggie Wrap	Buffalo Chicken Wrap	Chicken Salad Sub	Egg Salad Wrap
SALAD	Turkey Chef Salad w/ WG Dinner Roll Apple Orange Smoothie	Chicken Caesar Apple Orange Smoothie	Greek Meatball Apple Orange Smoothie	Spinach, Romaine & Strawberry Apple Orange Smoothie	Ranch Chicken Salad Apple Orange Smoothie

Menus are subject to change. This institution is an equal opportunity provider.



Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Grilled Cheese Melt

**PIZZA:** Cheese

**DELI:** Sunbutter & Jelly, Turkey & Cheddar Sandwich

**SALAD:** Garden Salad with & without chicken

Student Lunch: \$3.25    Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable & may Include:  
1% Low-Fat Milk OR Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday  
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Chicken is whole muscle  
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Milk is hormone & antibiotic free



# MAY 2024

## MIDDLE SCHOOL LUNCH MENU

May 6- May 10

Powering potential™

	MON	TUES	WED	THURS	FRI
ENTREE	Spaghetti & Beef Meatballs Garlic Breadsticks Steamed Zucchini	Chicken Soft Tacos with Salsa, Sour Cream & Cheese BBQ Black Beans	BBQ Pulled Pork Sandwich on WG Bun Coleslaw & Corn	Thai Chicken & WG Rice Bowl with Sunbutter Sate Sauce Steamed Broccoli	Blueberry Waffles Turkey Sausage Sweet Potato Fries
GRILL	Chicken Parmesan Sub	BBQ Chicken Melt	Chicken Tender w/ WG Dinner Roll	Pepperoni Pizza Cheese Melt	Farmhouse Chicken Sandwich
PIZZA	Veggie Lovers	Pepperoni	White with Tomato	BBQ Chicken	Meat Lovers
DELI	Buffalo Chicken Wrap	Asian Chicken Wrap	American Combo	Italian Combo	Ham and Cheese
SALAD	Chicken & Cheese Salad Blueberry Parfait	Mediterranean Chicken Salad and Hummus Blueberry Parfait	Chicken Caesar Salad Blueberry Parfait	Greek Feta Salad Blueberry Parfait	Chef Salad Blueberry Parfait

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# MAY 2024 MIDDLE SCHOOL LUNCH MENU

May 13- May 17

Powering  
potential™

	MON	TUES	WED	THURS	FRI
ENTREE	Macaroni & Cheese Garlic Bread Steamed Broccoli	Beef Nachos Santa Fe WG Rice Pepper Strips	Arroz Con Pollo (Latin seasoned chicken & rice) Spicy Black Beans	Mashed Potato Bar Shredded Chicken, Black Beans, Cheese, Broccoli & WG Biscuit	French Toast Sticks Turkey Sausage Sweet Potato Fries
GRILL	Meatball Grinder	Pizza Bagel	Chicken Tenders w/ WG Dinner Roll	Chicken Parm Grinder	Chicken Patty w/ Cheese
PIZZA	Vegetable	BBQ Chicken & Ranch	Pepperoni	Chicken Spinach Alfredo	Buffalo Cauliflower
DELI	Turkey BLT	Italian Combo	Ham & Cheese	Curry Chicken Salad	Egg Salad Wrap
SALAD	Chicken Caesar Fruit, Cheese & Pretzel Plate	Spinach Mandarin Fruit, Cheese & Pretzel Plate	Apple Cheddar Fruit, Cheese & Pretzel Plate	Turkey Chef Salad Fruit, Cheese & Pretzel Plate	Nacho Salad Fruit, Cheese & Pretzel Plate

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# MAY 2024

## MIDDLE SCHOOL LUNCH MENU

May 20- May 24

Powering potential.

ENTREE

GRILL

PIZZA

DELI

SALAD

	MON	TUES	WED	THURS	FRI
ENTREE	Cheesy Baked Penne Breadstick Sautéed Zucchini	Beef Teriyaki Dippers w/ WG Rice Roasted Carrots	Chicken Parmesan Garlic Bread Sautéed Spinach	Honey Stung Chicken WG Dinner Roll BBQ Baked Beans	Confetti Pancake Turkey Sausage Tater Tots
GRILL	Chipotle Ranch Burger	Cheese Stuffed Breadsticks w/ Marinara Dipping Cup	Grilled Turkey & Cheese	Sausage, Egg & Cheese on WG Biscuit	Honey Mustard Chicken Melt
PIZZA	Meatball	Pepperoni	Veggie Pesto	Buffalo Chicken	Taco
DELI	Turkey BLT	Tuna Salad	Italian Combo	Chicken Caesar Wrap	American Combo
SALAD	Chicken Baja Strawberry Parfait	Apple Cheddar Strawberry Parfait	Chicken Ranch Salad Strawberry Parfait	Chicken Caesar Strawberry Parfait	Egg Chef Salad Stawbery Parfait

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# MAY 2024

## MIDDLE SCHOOL LUNCH MENU

May 27- May 31

Powering potential.

ENTREE

GRILL

PIZZA

DELI

SALAD

MON

TUES

WED

THURS

FRI

Memorial Day

MON	TUES	WED	THURS	FRI
	Twin Beef Tacos with topping bar Tex Mex Rice Campfire Pinto Beans	BBQ Chicken Corn on the Cob & WG Biscuit	Chicken Penne Alfredo Garlic Bread Steamed Broccoli & Zucchini	WG Chicken Tenders & Waffles Sweet Potato Fries
	Farmhouse Chicken Sandwich	Chipotle Burger	Pepperoni Pizza Bagel	Cheese Quesadilla
	Spinach Tomato	Fiesta! Chicken, Bean & Corn	BBQ Chicken	Salad Pizza
	Italian Combo	Asian Chicken Wrap	Ham & Cheese	Buffalo Chicken Wrap
	Chicken Caesar Apple Cinnamon Overnight Oats	Cobb Salad Apple Cinnamon Overnight Oats	Broccoli Craisin Salad Apple Cinnamon Overnight Oats	Veggie Baja Apple Cinnamon Overnight Oats

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